Tyler J. Brady

tbrady406@gmail.com

CURRENT ADDRESS

Charlotte, NC

EDUCATION

University of St. Augustine, St. Augustine, FL Orthopedic Residency Program

Louisiana State University Health Sciences Center, New Orleans, LA Doctor of Physical Therapy

Louisiana State University, Baton Rouge, LA Bachelor of Science, Kinesiology

EMPLOYMENT HISTORY

Physical Therapist OrthoCarolina – Affiliate with UNC-Charlotte Athletics Charlotte, NC

 Part-time Physical Therapist participating as outreach for UNC-Charlotte Athletics to provide care for all school sponsored sports, primarily providing care for those treated operatively as well as more complex pathologies. Working together closely with Athletic Trainers, Strength Coaches and Physicians to manage these athletes' conditions to ensure timely return to sport.

Physical Therapist OrthoCarolina Charlotte, NC

• Full-time staff Physical Therapist caring for the general population with orthopedic conditions. Partnering with a Physical Therapist Assistant to care for both post-operative and non-operative patients across all ages. In this setting, also provided multiple in-services on varying topics focused on rehabilitation for athletes.

Physical Therapist

Professional Physical Therapy and Rehabilitation Jacksonville, NC

• Full-time Physical Therapist during off-site participation in the University of St. Augustine's Orthopedic Residency Program. Treating a variety of pathologies, primarily orthopedic in nature, along with vestibular and neurological diagnoses due to our close proximity to the Marine base, Camp Lejeune, while overseeing multiple Physical Therapy technicians and a Physical Therapist Assistant. Our patient population included varying age groups of active duty military members, Veterans, local athletes, and general civilians.

NOTABLE CONTINUING EDUCATION AND CERTIFICATIONS

OnBaseU Level 1 Pitching Certification OnBaseU Level 1 Hitting Certification September 2013 – September 2014

June 2017 – Current

January 2015 – Current

May 2013

September 2014

May 2010

Smart Cuffs – Level 1 Blood Flow Restriction Training	August 2021
NSPA Certified Speed and Agility Coach	May 2021
Barbell Rehab Workshop	June 2020
NSPA Certified Weightlifting Coach	April 2020
ASMI's 38 th Annual Injuries in Baseball Course	January 2020
Champion Performance Therapy and Training System	May 2019
ASMI's 36 th Annual Injuries in Baseball Course	January 2018
Dry Needling for Lumbopelvic & LE Conditions: an Evidence-Based Approach	February 2016
Dry Needling for Craniofacial, Cervicothoracic and UE Conditions: an Evidence-Based Approach	October 2015
Selective Functional Movement Assessment	July 2014

PROFESSIONAL AFFILIATIONS AND CERTIFICATIONS

Licensed Physical Therapist in Florida	2021 – Current
Orthopedic Clinical Specialist	2018 – Current
Licensed Physical Therapist in North Carolina	2015 – Current
Member of Orthopedic Section of American Physical Therapy Association	2013 – Current
Member of American Physical Therapy Association	2012 – Current
Member of North Carolina Physical Therapy Association	2012 – Current
Emergency First Response Certification – American Heart Association	2010 – Current

Note: A full list of continuing education and references provided on request