

Melissa Hochman

Physical Therapist/Clinic Director

Delray Beach, FL 33446

Strong interpersonal skills: proven ability to work well with individuals at all levels
self-motivated, responsible and experienced at working in fast-paced environments

Work Experience

Physical therapist Regional Manager

Med Diagnostics Rehab - Boca Raton, FL
September 2019 to Present

- Evaluate and treat a wide variety of outpatient orthopedic cases
- Design and implement appropriate plan of care based on patient goals and MD post-operative protocol
- Oversee 2 Physical Therapist Assistants to ensure safety in the clinic
- Evaluate staffing requirements at several Clinic locations

Physical Therapist/Clinic Director

Med Diagnostics Rehab/ Orthopedic Center of Palm Beach County
September 2016 to September 2019

- Evaluate and treat a wide variety of outpatient orthopedic cases
- Design and implement appropriate plan of care based on patient goals and MD post-operative protocol
- Oversee 2-3 Physical Therapist Assistance to ensure safety in the clinic

Personal Trainer

Youfit Healthclubs - Tallahassee, FL
August 2013 to April 2014

- Designed specific exercise programs for clients based on their goals
- Lead and motivate clients through their fitness programs
- Monitored clients progress in weight loss, strength gains and body fat measurements

Physical Therapy Aide

Med Diagnostics Rehab - Boca Raton, FL
November 2012 to August 2013

Physical Therapy Tech

- Assisted therapist with leading patients through exercises
- Assisted therapist with administering therapy modalities
 - Iontophoresis patches
 - Ultrasound
 - Electrical stimulation
- Aided in maintaining the facility
- Answered phones, schedule appointments

Education

Doctoral in Physical Therapy in Physical Therapy

University of St. Augustine For Health Sciences - San Marcos, CA

August 2016

Bachelor of Science in Exercise Science & Health Promotion in Exercise Science & Health Promotion

Florida Atlantic University - Boca Raton, FL

December 2012

Skills

- Program Design
- Personal Training

Certifications and Licenses

Physical Therapy License

BLS Certification